# Constant Mean Curvature Surfaces in Asymptotically Flat Manifolds* 

Hangjun Xu ${ }^{\dagger}$

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## 1 Introduction: What is a CMC Surface

In this talk we will introduce a special type of surfaces called constant mean curvature (CMC) surfaces. This notion generalizes to any submanifolds with codimension 1 (called hypersurfaces), but we will first focus on 2-dimensional surfaces in the Euclidean space $\mathbb{R}^{3}$. This talk is mostly based on a series of lectures given by Lan-Hsuan Huang at the MSRI summer school (which the author attended) in 2012.
Let $\Sigma^{2}$ be a smooth surface in $\mathbb{R}^{3}$. For a point $p \in \Sigma$, consider all the curves in $\Sigma$ passing through $p$. Now let $\kappa_{1}$ and $\kappa_{2}$ be the maximum and minimum curvature of such curves, respectively. Define $H:=\kappa_{1}+\kappa_{2}$. We can do this at every point, and thus we get a function $H: \Sigma \longrightarrow \mathbb{R}$, called the mean curvature of $\Sigma$. Thus $\Sigma$ is called a constant mean curvature (CMC) surface if this function $H \equiv$ constant.

Example 1.1 (Helicoid). Let $a$ and $b$ be two constants, then consider the following parametrized surface:

$$
\begin{equation*}
\varphi(u, v)=(u \cos v, u \sin v, a v+b), \quad(u, v) \in \mathbb{R}^{2} \tag{1.1}
\end{equation*}
$$

This surface is called a Helicoid (see figure 1), and is obtained by tracing out a line rotationally and vertically. It turns out that the mean curvature $H$ is identically 0 in this case, which make a Helicoid a special case of a CMC surface, called a minimal surface.

Example 1.2 (Cylinder). Let $\Sigma$ be a cylinder with radius $r$ (see figure 2). For any point $p$ on $\Sigma$, we see that $\kappa_{1}=\frac{1}{r}$ and $\kappa_{2}=0$ at p, thus $H \equiv \frac{1}{r}$. In particular, $H$ is constant. Thus a cylinder is a CMC surface.

Example 1.3 (Sphere). Let $\Sigma$ be a round sphere $S_{r}^{2}$ with radius $r$ in $\mathbb{R}^{3}$ (see figure 3). Then $\kappa_{1}=\kappa_{2}=\frac{1}{r}$, thus $H \equiv \frac{2}{r}$. Therefore $S_{r}^{2}$ is a CMC surface for each $r$ fixed.

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Figure 1: Helicoid, Picture taken from Wikipedia, http://commons.wikimedia.org/ wiki/File:Helicoid.PNG


Figure 2: Cylinder, Picture taken from Wikipedia, http://upload.wikimedia. org/wikipedia/commons/thumb/3/36/Circular_cylinder_rh.svg/200px-Circular_ cylinder_rh.svg.png


Figure 3: Sphere, Picture taken from Wikipedia, http://upload.wikimedia.org/ wikipedia/commons/thumb/7/7e/Sphere_wireframe_10deg_6r.svg/200px-Sphere_ wireframe_10deg_6r.svg.png

Now we briefly go over the history of studies of CMC surface (6]):

1. 1841, Delaunay proved: the only CMC surfaces of revolution (rotation of a curve around an axis) are the plane, cylinder, sphere, catenoid, unduloid and nodoid.
2. 1853, A. D. Alexandrov proved: a compact embedded surface in $\mathbb{R}^{3}$ with constant non-zero mean curvature is a two sphere.
3. 1956, H. Hopf conjectured: any compact orientable immersed CMC hypersurface in $\mathbb{R}^{n}$ must be a round $n-1$ sphere.
4. 1982, Wu-Yi Hsiang constructed a counterexample in $\mathbb{R}^{4}$, disproving Hopf's conjecture.
5. 1984, Wente proved: there exists a CMC immersion of the 2 torus in $\mathbb{R}^{3}$.
6. 1984, Barbosa and do Carmo proved: any compact orientable immersed hypersurface in $\mathbb{R}^{n}$ that is stable and has constant non-zero mean curvature must be a round $n-1$ sphere.
7. 1996, Rugang Ye proved: In a strongly asymptotically flat manifold, there exists a surface near infinity that has prescribed constant mean curvature.

In this talk, we are interested in surfaces in an asymptotically flat manifold, which will be defined later. We first define mean curvature and related geometric quantities in general dimensions.

## 2 General CMC Hypersurfaces and Properties

Let $\left(M^{n}, g\right)$ be a Riemannian manifold of dimension $n$, and let $\Sigma^{n-1}$ be a closed (compact without boundary) hypersurface with the induced metric. Let $\bar{\nabla}$ be the Levi-Civita connection on $M$. Pick a point $p \in \Sigma$, let $\nu$ be a local normal vector field on $\Sigma$ around $p$, then given any local tangent vector fields $X$ and $Y$ around $p$, we define

$$
\begin{equation*}
\mathrm{II}(X, Y)(p):=\left\langle\bar{\nabla}_{X} Y, \nu\right\rangle(p) \tag{2.1}
\end{equation*}
$$

We thus get a globally defined symmetric ( 0,2 )-tensor $A$ called the second fundamental form. Now the mean curvature of $\Sigma$ is defined to be

$$
\begin{equation*}
H:=\operatorname{tr}_{g} \mathrm{II} . \tag{2.2}
\end{equation*}
$$

Thus $\Sigma$ is called CMC if its mean curvature $H \equiv$ constant. We shall distinguish two types of CMC hypersurface: if $H \equiv 0$, then $\Sigma$ is called a minimal hypersurface; otherwise we refer to $\Sigma$ as a non-zero CMC hypersurface. Where do CMC hypersurfaces naturally come from? Roughly speaking, CMC hypersurfaces arise as critical points of variations of certain geometric quantities. Consider a variation of $\Sigma$ along
its normal direction $\nu$ in $M$ with speed $\eta \in C^{\infty}(M)$. More precisely, we consider the following function:

$$
\begin{equation*}
F: \Sigma \times(-\delta, \delta) \longrightarrow M, \quad \delta>0 \tag{2.3}
\end{equation*}
$$

such that for $x \in \Sigma_{t}:=F(\Sigma, t)$, and $-\delta<t<\delta$,

$$
\left\{\begin{array}{l}
\frac{\partial}{\partial t} F(x, t)=\eta(x, t) \nu(x, t)  \tag{2.4}\\
F(\Sigma, 0)=\Sigma
\end{array}\right.
$$

where $\nu(x, t)$ is the outward-pointing unit normal vector field along $\Sigma_{t}$.


Figure 4: Variation of $\Sigma$ along normal direction
Now let $g_{t}$ be the induced metric on $\Sigma_{t}$, and $d \sigma_{t}, \mathrm{II}_{t}$ and $H_{t}$ be the associated ( $n-1$ )-volume form, the second fundamental form and the mean curvature of $\Sigma_{t}$, respectively. We let

$$
\begin{equation*}
A_{t}:=\int_{\Sigma_{t}} d \sigma_{t}(x) \tag{2.5}
\end{equation*}
$$

be the "area", or the ( $n-1$ )-volume of $\Sigma_{t}$, and let $V_{t}$ be the $n$-volume inclosed by $\Sigma_{t}$, $-\delta<t<\delta$. We recall the following variation formulas (computations given in the
appendix A):

$$
\begin{align*}
& \frac{d}{d t} d \sigma_{t}(x)=H_{t}(x) \eta(x, t) d \sigma_{t}(x)  \tag{2.6}\\
& \frac{d}{d t} H_{t}(x)=-\Delta_{\Sigma_{t}} \eta(x, t)-\left(\left\|\mathrm{II}_{t}\right\|^{2}+\operatorname{Ric}_{g_{t}} \nu(x, t), \nu(x, t)\right) \eta(x, t)=: L_{\Sigma_{t}} \eta(x, t)  \tag{2.7}\\
& \frac{d}{d t} A_{t}=\int_{\Sigma_{t}} \frac{d}{d t} d \sigma_{t}(x)=\int_{\Sigma_{t}} H_{t}(x) \eta(x, t) d \sigma_{t}(x)  \tag{2.8}\\
& \frac{d^{2}}{d t^{2}} A_{t}=\int_{\Sigma_{t}}\left(\frac{d}{d t} H_{t}(x)\right) \eta(x, t) d \sigma_{t}(x)+H_{t}(x)\left(\frac{d}{d t} \eta(x, t)\right) d \sigma_{t}(x)+H_{t}(x) \eta(x, t) \frac{d}{d t} d \sigma_{t}(x) \\
& =\int_{\Sigma_{t}} \eta(x, t) L_{\Sigma_{t}} \eta(x, t) d \sigma_{t}(x)+H_{t}(x)\left(\frac{d}{d t} \eta(x, t)\right) d \sigma_{t}(x)+H_{t}^{2}(x) \eta(x, t)^{2} d \sigma_{t}(x)  \tag{2.9}\\
& \frac{d}{d t} V_{t}=\int_{\Sigma_{t}} \eta(x, t) d \sigma_{t}(x)  \tag{2.10}\\
& \frac{d^{2}}{d t^{2}} V_{t}=\int_{\Sigma_{t}}\left(\frac{d}{d t} \eta(x, t)\right) d \sigma_{t}(x)+H_{t}(x) \eta(x, t)^{2} d \sigma_{t}(x) \tag{2.11}
\end{align*}
$$

From equation 2.8, we have
Theorem 2.1. $\Sigma$ is a critical point of the area functional $A_{t}$ with respect to all variations $\eta$ if and only if $H_{\Sigma} \equiv 0$, i.e., $\Sigma$ is a minimal hypersurface.

With a slight abuse of terminology, minimal hypersurfaces need not minimize area even locally. From calculus we know that we still need to check the second derivative. Now if $\Sigma$ is a minimal hypersurface, then equation 2.8 implies that through a normal variation $\eta(x, t) \nu(x, t)$ :

$$
\begin{equation*}
\left.\frac{d^{2}}{d t^{2}}\right|_{t=0} A_{t}=\int_{\Sigma} \eta(x) L_{\Sigma} \eta(x) d \sigma(x) \tag{2.12}
\end{equation*}
$$

Therefore if $\int_{\Sigma} \eta(x) L_{\Sigma} \eta(x) d \sigma(x) \geq 0$ for all variations $\eta$, then $\Sigma$ locally minimizes area $A$ among all nearby hypersurfaces. This observation gives rise to the following definition:

Definition 2.1. A minimal hypersurface $\Sigma$ is called stable if

$$
\begin{equation*}
\int_{\Sigma} \eta(x) L_{\Sigma} \eta(x) d \sigma(x) \geq 0 \text { for all variations } \eta \tag{2.13}
\end{equation*}
$$

A non-zero CMC hypersurface $\Sigma$ is called stable if

$$
\begin{equation*}
\int_{\Sigma} \eta(x) L_{\Sigma} \eta(x) d \sigma(x) \geq 0, \text { for all variations } \eta \text { with } \int_{\Sigma} \eta(x) d \sigma(x)=0 \tag{2.14}
\end{equation*}
$$

We thus call $L_{\Sigma}$ the stability operator.

We have shown:
Theorem 2.2. A stable minimal hypersurface locally minimizes area among all nearby hypersurfaces.

Now a natural question is: do stable non-zero CMC hypersurfaces locally minimize area as well? It turns out this is true for volume-preserving variations:

Theorem 2.3. Suppose $\Sigma$ is a stable non-zero CMC hypersurface. Consider all variations $\eta$ such that $\int_{\Sigma} \eta(x) d V(x)=0$, and all $\Sigma_{t}$ enclose the same $n$-volume, i.e., a volume preserving normal variation. Then $\Sigma$ minimizes area among all such variational hypersurfaces.

Proof. First note that if $\Sigma$ is a non-zero CMC hypersurface, then $\Sigma$ is a critical point of the area functional with respect to all variations with $\int_{\Sigma} \eta(x) d \sigma(x)=0$. To see this, we use equation 2.8:

$$
\begin{equation*}
\left.\frac{d}{d t}\right|_{t=0} A_{t}=\int_{\Sigma} H(x) \eta(x) d \sigma(x)=H \int_{\Sigma} \eta(x) d \sigma(x)=0 \tag{2.15}
\end{equation*}
$$

Since the variation is also volume preserving, by equation 2.11 we have:

$$
\begin{equation*}
0=\frac{d^{2}}{d t^{2}} V_{t}=\int_{\Sigma}\left(\frac{d}{d t} \eta(x, t)\right) d \sigma_{t}(x)+H_{t}(x) \eta(x, t)^{2} d \sigma_{t}(x) \tag{2.16}
\end{equation*}
$$

since $\eta(x)$ has zero average on $\Sigma$, and $H$ is constant. Thus the second variation of area (equation 2.9) becomes:

$$
\begin{array}{rlr}
\left.\frac{d^{2}}{d t^{2}}\right|_{t=0} A_{t} & =\int_{\Sigma} \eta(x) L_{\Sigma} \eta(x) d \sigma(x)+H\left(\left.\frac{d}{d t}\right|_{t=0} \eta(x, t)\right) d \sigma(x)+H^{2} \eta(x)^{2} d \sigma(x) \\
& =\int_{\Sigma} \eta(x) L_{\Sigma} \eta(x) d \sigma(x)+H \frac{d^{2}}{d t^{2}} V_{t} & \text { (Since } H \text { is constant) } \\
& =\int_{\Sigma} \eta(x) L_{\Sigma} \eta(x) d \sigma(x) & (\eta \text { is volume preserving) } \\
& \geq 0 & \quad \text { (by stability of } \Sigma)
\end{array}
$$

Therefore $\Sigma$ locally minimizes area among nearby $\Sigma_{t}$ hypersurfaces described as above.

## 3 Examples of CMC hypersurfaces in Asymptotically Flat Manifolds

We are interested in finding stable CMC hypersurfaces. It turns out that stability of hypersurfaces is related to the eigenvalues of the stability operator. Suppose $\lambda$ is an
eigenvalue of $L_{\Sigma}$ with eigenfunction $\eta$, then

$$
\begin{equation*}
\int_{\Sigma} \eta L_{\Sigma} \eta d V=\lambda \int_{\Sigma} \eta^{2} d V \tag{3.1}
\end{equation*}
$$

Thus if the smallest eigenvalue of $L_{\sigma}$ is non-negative, then the above is non-negative as well. Let's see some examples.

Example 3.1 (Sphere revisited). Let $(M, g)$ be Euclidean space $\left(\mathbb{R}^{n}, \delta\right)$, and the hypersurface $\Sigma$ be the standard round $n$ sphere $S_{R}^{n-1}(0)$ of radius $R$ centered at 0 . The stability operator is then

$$
\begin{equation*}
L_{S_{R}^{n-1}}=-\Delta_{S_{R}^{n-1}}-\frac{n-1}{R^{2}} . \tag{3.2}
\end{equation*}
$$

Notice that $L_{S^{n-1}}$ and $-\Delta_{S_{R}^{n-1}}$ have the same set of eigenfunctions. Constant functions are eigenfunctions of $L_{S_{R}^{n-1}}$ with eigenvalues $\lambda_{0}=-\frac{n-1}{R^{2}} . \lambda_{1}=0$ is an eigenvalue with eigenspace spanned by the coordinate functions $\left\{\frac{x^{1}}{R}, \frac{x^{2}}{R}, \cdots, \frac{x^{n}}{R}\right\}$. They corresponds to translational variations. In particular, $S_{R}^{n-1}$ is not stable: translation of $S_{R}^{n-1}$ will enclose the same volume.
Example 3.2 (Sphere in Schwarzschild). We now consider a 3-dimensional ambient manifold: $\left(\mathbb{R}^{3} \backslash B_{\frac{m}{2}}, g=\left(1+\frac{m}{2|x|}\right)^{4} \delta\right)$, called the Schwarzschild manifold (see figure 5), where $m>0$ is a constant and $B_{\frac{m}{2}}$ is the open ball with radius $\frac{m}{2}$. Thus the Schwarzschild manifold is a one-parameter family of manifolds.


Figure 5: Schwarzschild manifold with one dimension suppressed. The boundary curve is the sphere of radius $\frac{m}{2}$. Picture courtesy of Jeffrey L. Jauregui, University of Pennsylvania

The Schwarzschild metric is conformal to the Euclidean metric, thus intuitively, as $|x| \rightarrow \infty$, the metric becomes flat. This is a special case of what is called an asymptotically flat manifold, which we will discuss later. Now let $S_{R}$ be the 2 sphere in Schwarzschild with radius $R$ and the induced metric. By the conformal transformation of mean curvature formula, the mean curvature of $S_{R}$ is:

$$
\begin{equation*}
H_{R}=\left(2-\frac{m}{R}\right) \frac{u(R)^{-3}}{R}, \tag{3.3}
\end{equation*}
$$

where $u(|x|):=1+\frac{m}{2 R}$. Therefore each such sphere $S_{R}$ is a CMC surface. In particular, $S_{\frac{m}{2}}$ is a minimal surface. Notice that $\lim _{R \rightarrow \infty} H_{R}=0$, there must exist a local maximum in between $S_{\frac{m}{2}}$ and $S_{\infty}$. Calculation shows that the sphere $S_{\frac{(2+\sqrt{3}) m}{2}}$ has the largest mean curvature. Moreover, $H_{R}$ is increasing for $\frac{m}{2} \leq R \leq \frac{(2+\sqrt{3}) m}{2}$, and $H_{R}$ is decreasing for $R \geq \frac{(2+\sqrt{3}) m}{2}$ (see figure 6).


Figure 6: Foliations of CMC Spheres in Schwarzschild manifold
The question is: are those spheres stable? To answer this, we compute the stability operator for $S_{R}$ as

$$
\begin{equation*}
L_{S_{R}}=-u^{-4} R^{-2} \Delta_{S^{2}}+\frac{-4 R^{2}+8 R m-m^{2}}{2 R^{4} u^{6}} \tag{3.4}
\end{equation*}
$$

where $\Delta_{S^{2}}$ is the Laplacian of the standard round unit sphere. The constant functions are eigenfunctions of $L_{S_{R}}$ with eigenvalue $\lambda_{0}=\frac{-4 R^{2}+8 R m-m^{2}}{2 R^{4} u^{6}}$, but those do not have zero average on $S_{R}$. The next smallest eigenvalue has multiplicity three: $\lambda_{1}=\lambda_{2}=$ $\lambda_{3}=\frac{6 m}{R^{3} u^{6}}$ such that the eigenspace is spanned by coordinate functions $\left\{x^{1}, x^{2}, x^{3}\right\}$, which have zero average on $\Sigma$. Therefore $S_{R}$ is stable for all $R \geq \frac{m}{2}$, and they foliate the entire Schwarzschild manifold, as indicated by Figure 6.

Both $\mathbb{R}^{n}$ and the Schwarzschild manifold are examples of an asymptotically flat manifolds:

Definition 3.1. A complete Riemannian manifold ( $M^{n}, g$ ) of dimension $n$ is asymptotically flat if there exists a compact subset $K \subset M$ and a diffeomorphism

$$
\begin{equation*}
\Phi: M^{n} \backslash K \longrightarrow \mathbb{R}^{n} \backslash \overline{B_{1}}, \tag{3.5}
\end{equation*}
$$

which gives rise to a natural coordinate chart for $M \backslash K$. Moreover, we require that in this coordinate chart, the metric $g$ and the scalar curvature $R$ satisfies the following decay conditions:

1. $g_{i j}(x)=\delta_{i j}+O\left(|x|^{-p}\right)$;
2. $|x|\left|g_{i j, k}(x)\right|+|x|^{2}\left|g_{i j, k l}(x)\right|=O\left(|x|^{-p}\right)$;
3. $\mid R(x)=O\left(|x|^{-q}\right)$,
for all $i, j, k, l$ and $x$, where $p>\frac{n-2}{2}$, and $q>n$.
An important question is: does there exists a foliation of stable CMC surfaces in asymptotically flat manifolds, just as in Schwarzschild? The existence of such foliation would allow us to define natural geometric coordinate systems on the manifold, much like the polar coordinate system. Rugang Ye [5] and Lan-Hsuan Huang [3] used a perturbation argument and proved such existence with some additional assumption (e.g., strongly asymptotically flatness and Regge-Teitelboin condition). The idea is that an asymptotically flat manifold approaches the flat Euclidean space at infinity, thus the spheres in such manifolds should approach to spheres in Euclidean space which are CMC. Therefore for a large sphere near infinity, one might be able to find a CMC surface nearby.

## A Variation Formulas

## A. 1 First Variation of Area

Let $\Sigma^{n-1}$ be an embedded closed (compact without boundary) hypersurface in a Riemannian manifold $\left(M^{n}, g, \bar{\nabla}\right)$. Endow $\Sigma$ with the induced metric. We consider a variation of $\Sigma$ as follows:

$$
\begin{equation*}
F: \Sigma \times(-\delta, \delta) \longrightarrow M, \quad \delta>0, \tag{A.1}
\end{equation*}
$$

such that for all $x \in \Sigma_{t}:=F(\Sigma, t)$, and $t \in(-\delta, \delta)$,

$$
\begin{equation*}
\frac{\partial}{\partial t} F(x, t)=\eta(x, t) \nu(x, t) \tag{A.2}
\end{equation*}
$$

where $\eta$ is a smooth function $\eta \in C^{\infty}(\Sigma \times(-\delta, \delta))$, and $\nu(x, t)$ is the unit outward normal vector to $\Sigma_{t}$ at $(x, t)$. Let $g_{t}$ be the induced metric on $\Sigma_{t}$, and let $\nabla^{t}$ be the associated Levi-Civita connection. Let $d \sigma_{t}$ be the corresponding $(n-1)$-volume form on $\Sigma_{t}$, and $A_{t}$ the $(n-1)$-volume. Let $V_{t}$ be the $n$-volume enclosed by $\Sigma_{t}$. We shall refer to $A_{t}$ as the area of $\Sigma_{t}$, and $V_{t}$ the volume, in analogy to the case where $\Sigma_{t}$ are surfaces in a 3-dimensional manifold. Let $\mathrm{II}_{t}$ and $H_{t}:=\operatorname{tr}_{g_{t}} \mathrm{II}$ be the second fundamental form and the mean curvature of $\Sigma$ with respect to $\nu(x, t)$ respectively. We first compute the variation of $d \sigma_{t}$. Let $\left\{U ; x_{1}, x_{2}, \cdots, x_{n-1}\right\}$ be a local coordinate chart of $\Sigma$, then $\Sigma_{t}$ can
be locally parametrized as $\left\{x_{1}, x_{2}, \cdots, x_{n-1}, t\right\}$ with each fixed $t$. Let $g_{t}=\left(g_{t}\right)_{i j} d x^{i} d x^{j}$ be the local representation of the metric on $\Sigma_{t}, i, j=1,2, \cdots, n-1$.

$$
\begin{align*}
\frac{\partial}{\partial t} d \sigma_{t} & =\frac{\partial}{\partial t} \sqrt{\operatorname{det}\left(g_{t}\right)} d x^{1} \wedge d x^{2} \cdots \wedge d x^{n-1} \\
& =\frac{1}{2} \frac{1}{\sqrt{\operatorname{det}\left(g_{t}\right)}} \operatorname{det}\left(g_{t}\right) \cdot \operatorname{trace}\left(g_{t}^{-1} \frac{\partial}{\partial t} g_{t}\right) d x^{1} \wedge d x^{2} \wedge \cdots \wedge d x^{n-1}  \tag{A.3}\\
& =\frac{1}{2} \sqrt{\operatorname{det}\left(g_{t}\right)} \operatorname{trace}\left(g_{t}^{-1} \frac{\partial}{\partial t} g_{t}\right) d x^{1} \wedge d x^{2} \wedge \cdots \wedge d x^{n-1}
\end{align*}
$$

where equation (A.3) follows from the identity

$$
\begin{equation*}
\frac{d}{d t} \operatorname{det}(A)=\operatorname{det}(A) \operatorname{trace}\left(A^{-1} \frac{d}{d t} A\right) \tag{A.4}
\end{equation*}
$$

for any square matrix $A$ with entries functions of $t$. Now

$$
\begin{align*}
\frac{\partial}{\partial t}\left(g_{t}\right)_{i j} & =\frac{\partial}{\partial t}\left\langle\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right\rangle=\left\langle\bar{\nabla}_{\frac{\partial}{\partial t}} \frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right\rangle+\left\langle\frac{\partial}{\partial x^{i}}, \bar{\nabla}_{\frac{\partial}{\partial t}} \frac{\partial}{\partial x^{j}}\right\rangle \\
& =\left\langle\bar{\nabla} \frac{\partial}{\partial x^{i}} \frac{\partial}{\partial t}, \frac{\partial}{\partial x^{j}}\right\rangle+\left\langle\frac{\partial}{\partial x^{2}}, \overline{\nabla_{\frac{\partial}{}}^{\partial x^{j}}} \frac{\partial}{\partial t}\right\rangle \quad(\bar{\nabla} \text { is } \\
& =\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \eta \nu, \frac{\partial}{\partial x^{j}}\right\rangle+\left\langle\frac{\partial}{\partial x^{i}}, \bar{\nabla}_{\frac{\partial}{\partial x^{j}}} \eta \nu\right\rangle  \tag{A.5}\\
& =2 \eta \mathrm{II}_{t}\left(\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right) .
\end{align*}
$$

Now plug A.5) into A.3):

$$
\begin{equation*}
\frac{\partial}{\partial t} d \sigma_{t}=\frac{1}{2} \sqrt{\operatorname{det}\left(g_{t}\right)} \operatorname{trace}\left(g_{t}^{-1} \cdot 2 \eta \cdot \mathrm{II}_{t}\left(\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial x^{j}}\right)\right) d x^{1} \wedge d x^{2} \wedge \cdots \wedge d x^{n-1}=H_{t} \eta d \sigma_{t} \tag{A.6}
\end{equation*}
$$

Therefore

$$
\begin{equation*}
\frac{\partial}{\partial t} A_{t}=\int_{\Sigma_{t}} \frac{\partial}{\partial t} d \sigma_{t}=\int_{\Sigma_{t}} H_{t}(x) \eta(x, t) d \sigma_{t}(x) \tag{A.7}
\end{equation*}
$$

## A. 2 Second Variation of Area

Now we compute the first variation of mean curvature $H_{t}$, which gives rise to the second derivative of area. Recall that $H_{t}=g_{t}^{i j}\left(\mathrm{II}_{t}\right)_{i j}$ in local coordinates, $i, j=$ $1,2, \cdots, n-1$. Thus

$$
\begin{equation*}
\frac{\partial}{\partial t} H_{t}=\frac{\partial}{\partial t} g_{t}^{i j}\left(\mathrm{II}_{t}\right)_{i j}+g_{t}^{i j} \frac{\partial}{\partial t}\left(\mathrm{II}_{t}\right)_{i j} \tag{A.8}
\end{equation*}
$$

Since $0=\frac{\partial}{\partial t}\left(g_{t} g_{t}^{-1}\right)=\left(\frac{\partial}{\partial t} g_{t}\right) g_{t}^{-1}+g_{t}\left(\frac{\partial}{\partial t} g_{t}^{-1}\right)$, we have $\frac{\partial}{\partial t} g_{t}^{-1}=-g_{t}^{-1}\left(\frac{\partial}{\partial t} g_{t}\right) g_{t}^{-1}$. Thus the first term in the above becomes

$$
\begin{equation*}
\frac{\partial}{\partial t} g_{t}^{i j}\left(\mathrm{II}_{t}\right)_{i j}=-g_{t}^{i k}\left(\frac{\partial}{\partial t}\left(g_{t}\right)_{k l}\right) g_{t}^{l j}\left(\mathrm{II}_{t}\right)_{i j}=-g_{t}^{i k} 2 \eta\left(\mathrm{II}_{t}\right)_{k l} g_{t}^{l j}\left(\mathrm{II}_{t}\right)_{i j}=-2 \eta\left\|\mathrm{II}_{t}\right\|^{2} \tag{A.9}
\end{equation*}
$$

We now compute the derivative of the second fundamental form.

$$
\begin{aligned}
\frac{\partial}{\partial t}\left(\mathrm{II}_{t}\right)_{i j} & =\frac{\partial}{\partial t}\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu, \frac{\partial}{\partial x^{j}}\right\rangle \\
& =\left\langle\bar{\nabla}_{\frac{\partial}{\partial t}} \bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu, \frac{\partial}{\partial x^{j}}\right\rangle+\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu \bar{\nabla}_{\frac{\partial}{\partial t}} \frac{\partial}{\partial x^{j}}\right\rangle \\
& =\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \bar{\nabla}_{\frac{\partial}{\partial t}} \nu, \frac{\partial}{\partial x^{j}}\right\rangle+\left\langle\left(\bar{\nabla}_{\frac{\partial}{\partial t}} \bar{\nabla}_{\frac{\partial}{\partial x^{i}}}-\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \bar{\nabla}_{\frac{\partial}{\partial t}}-\bar{\nabla}_{\left[\frac{\partial}{\partial x^{i}}, \frac{\partial}{\partial t}\right]}\right) \nu, \frac{\partial}{\partial x^{j}}\right\rangle+\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu, \bar{\nabla}_{\frac{\partial}{\partial t}} \frac{\partial}{\partial x^{j}}\right\rangle \\
& =\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \bar{\nabla}_{\frac{\partial}{\partial t}} \nu, \frac{\partial}{\partial x^{j}}\right\rangle+\left\langle R_{g}\left(\frac{\partial}{\partial t}, \frac{\partial}{\partial x^{i}}\right) \nu, \frac{\partial}{\partial x^{j}}\right\rangle+\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu, \bar{\nabla}_{\frac{\partial}{\partial x^{j}}} \frac{\partial}{\partial t}\right\rangle \\
& =\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}}\left(-\nabla_{\Sigma_{t}} \eta\right), \frac{\partial}{\partial x^{j}}\right\rangle+\eta\left\langle R\left(\nu, \frac{\partial}{\partial x^{i}}\right) \nu, \frac{\partial}{\partial x^{j}}\right\rangle+\eta\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu, \bar{\nabla}_{\frac{\partial}{\partial x^{j}}} \nu\right\rangle
\end{aligned}
$$

where we have used two lemmas, which will be proved below:
Lemma 1. $\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu$ is tangential, i.e., $\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu, \nu\right\rangle=0$.
Lemma 2. $\bar{\nabla}_{\frac{\partial}{\partial t}} \nu=-\nabla_{\Sigma_{t}} \eta$, where $\nabla_{\Sigma_{t}}$ is the surface gradient on $\Sigma_{t}$.
Therefore

$$
\begin{aligned}
g_{t}^{i j} \frac{\partial}{\partial t}\left(\mathrm{II}_{t}\right)_{i j} & =-\Delta_{\Sigma_{t}} \eta-\eta g_{t}^{i j}\left\langle R\left(\nu, \frac{\partial}{\partial x^{i}}\right), \frac{\partial}{\partial x^{j}}, \nu\right\rangle+\eta\left\|\mathrm{II}_{t}\right\|^{2} \\
& =-\Delta_{\Sigma_{t}} \eta-\eta g^{i j}\left\langle R\left(\nu, \frac{\partial}{\partial x^{i}}\right), \frac{\partial}{\partial x^{j}}, \nu\right\rangle+\eta\left\|\mathrm{II}_{t}\right\|^{2} \quad \text { (ambient metric } g \text { trace) } \\
& =-\Delta_{\Sigma_{t}} \eta-\eta \operatorname{Ric}_{g}(\nu, \nu)+\eta\left\|\mathrm{II}_{t}\right\|^{2} .
\end{aligned}
$$

where we used
Lemma 3. $g_{t}^{i j}\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}}\left(\nabla_{\Sigma_{t}} \eta\right), \frac{\partial}{\partial x^{j}}\right\rangle=\Delta_{\Sigma_{t}} \eta$.
and
Lemma 4. $g_{t}^{i j}\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu, \bar{\nabla}_{\frac{\partial}{\partial x^{j}}} \nu\right\rangle=\left\|I I_{t}\right\|^{2}$.
Combining above, we get

$$
\begin{equation*}
\frac{\partial}{\partial t} H_{t}=-\Delta_{\Sigma_{t}} \eta-\eta\left(\operatorname{Ric}_{g}(\nu, \nu)+\left\|\mathrm{II}_{t}\right\|^{2}\right)=: L_{\Sigma_{t}} \eta \tag{A.10}
\end{equation*}
$$

where $L_{\Sigma_{t}}$ is called the stability operator of $\Sigma_{t}$. The second variation of area is then given by:

$$
\begin{equation*}
\frac{\partial}{\partial t} A_{t}=\int_{\Sigma} \eta(x, t)\left(L_{\Sigma_{t}} \eta\right)(x, t) d \sigma_{t}(x)+H_{t}(x)\left(\frac{\partial}{\partial t} \eta(x, t)\right) d \sigma_{t}(x)+H_{t}^{2} \eta(x, t)^{2} d \sigma_{t}(x) \tag{A.11}
\end{equation*}
$$

Now we verity the above lemmas.

Proof of Lemma 1. Since $\nu$ is the unit outward normal vector field, we have

$$
\begin{equation*}
0=\frac{\partial}{\partial x^{i}}\langle\nu, \nu\rangle=2\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu, \nu\right\rangle . \tag{A.12}
\end{equation*}
$$

Thus $\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu$ is tangential. Similarly, $\bar{\nabla}_{\frac{\partial}{\partial t}} \nu$ is also tangential.
Proof of Lemma 2. Recall that the surface gradient is defined as

$$
\begin{equation*}
\nabla_{\Sigma_{t}} \nu:=\nabla \nu-\langle\nabla \nu, \nu\rangle \nu, \tag{A.13}
\end{equation*}
$$

that is, the tangential component of the gradient with respect to the ambient metric. For any point $p \in \Sigma_{t}$, choose geodesic normal coordinates $\left\{U ; e_{1}, e_{2}, \cdots, e_{n}\right\}$ around $p$ such that $e_{1}, e_{2}, \cdots, e_{n-1}$ span $T_{p} \Sigma_{t}$, and $e_{n}=\nu$. Since $\bar{\nabla}_{e_{i}} \nu$ is tangential, it suffices to show that $\left\langle\bar{\nabla}_{\frac{\partial}{\partial t}} \nu, e_{i}\right\rangle(p)=\left\langle-\nabla_{\Sigma_{t}} \eta, e_{i}\right\rangle(p)$, for $i=1,2, \cdots, n-1$. Indeed:

$$
\begin{array}{rlr}
\left\langle\bar{\nabla}_{\frac{\partial}{\partial t}} \nu, e_{i}\right\rangle(p) & =-\left\langle\nu, \bar{\nabla}_{\frac{\partial}{\partial t}} e_{i}\right\rangle(p)=-\left\langle\nu, \bar{\nabla}_{e_{i}} \frac{\partial}{\partial t}\right\rangle(p) & \\
& =-e_{i}(\eta)\langle\nu, \nu\rangle(p)-\eta\left\langle\nu, \bar{\nabla}_{e_{i}} \nu\right\rangle(p) & \\
& =-e_{i}(\eta)(p) & \left(\bar{\nabla}_{e_{i}} \nu \text { is torsion free }\right)  \tag{i}\\
& \left.=-\left\langle\sum_{j=1}^{n-1} e_{j}(\eta) e_{j}, e_{i}\right)\right\rangle(p) & \\
& =\left\langle-\nabla_{\Sigma_{t}} \eta, e_{i}\right\rangle(p) . &
\end{array}
$$

Since $p$ is arbitrary, $\bar{\nabla}_{\frac{\partial}{\partial t}} \nu=-\nabla_{\Sigma_{t}} \eta$, as desired.
Proof of Lemma 3. First note that $g_{t}^{i j}\left\langle\overline{\nabla_{\frac{\partial}{}}^{\partial x^{i}}}\left(\nabla_{\Sigma_{t}} \eta\right), \frac{\partial}{\partial x^{j}}\right\rangle=g_{t}^{i j}\left\langle\nabla_{\frac{\partial}{\partial x^{i}}}^{t}\left(\nabla_{\Sigma_{t}} \eta\right), \frac{\partial}{\partial x^{j}}\right\rangle$. But

$$
\begin{equation*}
g_{t}^{i j}\left\langle\nabla_{\frac{\partial}{\partial x^{i}}}^{t}\left(\nabla_{\Sigma_{t}} \eta\right), \frac{\partial}{\partial x^{j}}\right\rangle=g_{t}^{i j} \nabla_{\frac{\partial}{\partial x^{j}}}^{t} \nabla_{\frac{\partial}{\partial x^{i}}}^{t}\left(\nabla_{\Sigma_{t}} \eta\right)=\operatorname{div}_{g_{t}}\left(\nabla_{\Sigma_{t}} \eta\right)=\Delta_{\Sigma_{t}} \eta . \tag{A.14}
\end{equation*}
$$

Proof of Lemma 4. Define vector fields $X:=\sum_{i=1}^{n-1} \bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu$ and $Y:=\sum_{j=1}^{n-1} \bar{\nabla}_{\frac{\partial}{\partial x^{j}}} \nu$. Using local coordinates, we can also write $X=\sum_{k=1}^{n-1} X^{k} \frac{\partial}{\partial x^{k}}$ and $Y=\sum_{l=1}^{n-1} Y^{l} \frac{\partial}{\partial x^{l}}$. Then

$$
\begin{aligned}
\left\|\mathrm{II}_{t}\right\|^{2} & =g_{t}^{i j} g_{t}^{k l}\left(\mathrm{II}_{t}\right)_{i k}\left(\mathrm{II}_{t}\right)_{j l}=g_{t}^{i j} g_{t}^{k l}\left\langle X, \frac{\partial}{\partial x^{k}}\right\rangle\left\langle Y, \frac{\partial}{\partial x^{l}}\right\rangle \\
& =g_{t}^{i j} g_{t}^{k l} X^{\alpha}\left(g_{t}\right)_{\alpha k} Y^{\beta}\left(g_{t}\right)_{\beta l} \\
& =g_{t}^{i j}\left(g_{t}\right)_{\alpha \beta} X^{\alpha} Y^{\beta} \\
& =g_{t}^{i j}\langle X, Y\rangle \\
& =g_{t}^{i j}\left\langle\bar{\nabla}_{\frac{\partial}{\partial x^{i}}} \nu, \bar{\nabla}_{\frac{\partial}{\partial x^{j}}} \nu\right\rangle
\end{aligned}
$$

as desired.

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[^0]:    *The is the notes for the talk I gave at the graduate/faculty seminar at Duke.
    ${ }^{\dagger}$ Ph.D. Candidate, Department of Mathematics, Duke University. hangjun@math.duke.edu, homepage: http://fds.duke.edu/db/aas/math/hangjun.

