

**Christina Christopoulos**

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**EDUCATION**

PhD Developmental Psychology, University of Virginia, Charlottesville, Virginia 1988  
BA English, University of Athens, Greece 1980

**RESEARCH EXPERIENCE**

**Research Scholar** 2004 to present  
Center for Child and Family Policy, Duke University, Durham, North Carolina

Lead in the development and execution of research and evaluation projects in the areas of self-regulation, child welfare, and early childhood systems.

**Sr. Research Associate** 1991 to 2003  
Department of Psychology and Center for Child and Family Policy, Duke University, Durham, North Carolina

Lead in the coordination and supervision of research activities of a multi-site longitudinal project, including hiring and training interviewers, negotiating and coordinating data collections of public and private agency records, and maintaining high participant retention.

**FUNDED RESEARCH AND EVALUATION**

**Current Research Support**

**Partners Behavioral Health Management (PI: Rosanbalm) 7/16 - 6/19**  
*Partnering for Excellence – Cleveland County*  
Co-Investigator

**R305A150431 Institute of Education Sciences (PI: Rosanbalm) 7/15 – 6/19**  
*Effects of the Incredible Years Classroom and Teacher Combined Interventions on Preschool Children’s Self-regulation and Academic Achievement*  
Role: Co-Principal Investigator

**R305A150169 Institute of Education Sciences (PI: Murray) 7/15 – 6/19**  
*Educational Outcomes of the Incredible Years Small Group Program for Early Elementary Students with Self-Regulation Difficulties*

Role: Co-Investigator

**The Duke Endowment** (PI: Rosanbalm) 7/12 – 6/17  
Subcontract from Benchmarks  
*Partnering for Excellence*  
Role: Co- Investigator

**Completed Research Support**

**NC Department of Health & Human Services** (PI: Goodman) 7/14 – 12/16  
*Evaluation of Universal Nurse Home Visiting in Low-Income, Rural Counties*  
Role: Investigator

**Oak Foundation** (PI: Owen) 2/15-7/15  
*A Foundation-University Partnership: Collaborating for Nonprofit Capacity Building and Infrastructure Enhancement*  
Role: Co-Investigator

**SM-09-009 SAMHSA** (PI: Christopoulos) 5/12 – 9/15  
*Evaluation of Project LAUNCH*  
Role: Principal Investigator

**AC-000016 SAMHSA** (PI: Christopoulos) 10/08 – 9/15  
*Evaluation of Comprehensive Community Mental Health Services for Children and their Families Program*  
Role: Principal Investigator

**Administration for Children and Families** (PI: Murray) 7/13 – 1/15  
*Impact of Toxic Stress on Self-Regulation: Implications for ACF Programs*  
Role: Co-Investigator

**GlaxoSmithKline** (PI: Christopoulos) 4/08 – 12/10  
*Evaluation of HillRAP in Durham County*  
Role: Principal Investigator

**The Mebane Foundation** (PI: Christopoulos) 4/08 – 12/10  
*Evaluation of HillRAP in Davie County*  
Role: Principal Investigator

**1678-SP** (PI: Dodge) 10/02-12/11  
The Duke Endowment  
*Durham Family Initiative: Ensuring the Healthy Development of North Carolina's Children*  
Role: Research Scholar

**NCDHHS # 00191** (PI: Dodge) 2/05-6/09

North Carolina Department of Health and Human Services  
*Evaluation of the Multiple Response System*  
Role: Research Scholar

**NCDHHS # 00443** (PI: Dodge) 9/05-9/08  
*Improving Child Welfare Outcomes through Systems of Care (PI: Dodge)*  
Role: Research Scholar

**5R01-MH-048043** (PI: Coie) 6/90-12/07  
National Institute of Mental Health  
Multi-site Prevention of Adolescent Conduct Problems  
Role: Research Scholar

John Coie's lab 9/87-5/90  
Role: Associate in Research, Research Associate

### PUBLICATIONS AND MANUSCRIPTS

- Murray, D., Rosanbalm, K., & **Christopoulos, C.** (in preparation). Applied Model of Self-Regulation Development.
- Murray, D. W., Rosanbalm, K. D., & **Christopoulos, C.** (2016). *Self-regulation and toxic stress: Implications for programs and practice*. Office of Planning, Research, and Evaluation, Administration for Children and Families, U. S. Department of Health and Human Services, Washington, DC.
- Murray, D. W., Rosanbalm, K. D., & **Christopoulos, C.** (2016). *A comprehensive review of self-regulation interventions from birth through young adulthood*. Office of Planning, Research, and Evaluation, Administration for Children and Families, U. S. Department of Health and Human Services, Washington, DC.
- Murray, D. W., Rosanbalm, K.D., **Christopoulos, C.**, & Hamoudi, A. (2014). *Self-regulation and toxic stress: An eco-biological-developmental Framework for understanding self-regulation from an applied perspective*. Office of Planning, Research and Evaluation, Administration for Children and Families, U.S. Department of Health and Human Services, Washington, D.C.
- Kaufman, M., **Christopoulos, C.**, & Rosanbalm, K. (2013, September). The Wellness Discussion Guide and Family Health Plan: Tools to reduce toxic stress risks through a two-generation approach in the Family-Centered Medical Home. *Children's Mental Health Network*.
- Alonso-Marsden, S., Dodge, K. A., O'Donnell, K. J., Murphy, R. A., Sato, J., & **Christopoulos, C.** (2013). Family risk as a predictor of initial engagement and follow-through in a universal nurse home visiting program to prevent child maltreatment. *Child Abuse and Neglect*, 37(8), 555-565.
- Rosanbalm, K. D., & **Christopoulos, C.** (2011). *Incredible Years: Expected Effects and Recommendations for Monitoring Outcomes*. Brief commissioned by the Duke Endowment.

- Rosanbalm, K. D., Dodge, K. A., Murphy, R., O'Donnell, K., **Christopoulos, C.**, Williams, S., Appleyard, K., & Daro, D. (2010). Evaluation of a collaborative community-based child maltreatment prevention initiative. *Protecting Children*, 25 (4), 8-23.
- Dodge, K. A., Berlin, L. J., Epstein, M., Spitz-Roth, A., O'Donnell, K., Kaufman, M., Amaya-Jackson, L., Rosch, J., & **Christopoulos, C.** (2004). The Durham Family Initiative: A Preventive System of Care. *Child Welfare*, LXXXIII (2).
- Dodge, K. A., Murphy, R., O'Donnell, K., & **Christopoulos, C.** (2009). Community-Level Prevention of Child Maltreatment: The Durham Family Initiative. In K. A. Dodge, & D. L. Coleman (Eds.), *Preventing Child Maltreatment, Community Approaches*. New York, NY: The Guilford Press.
- Cohn, D. A., Patterson, C. J., & **Christopoulos, C.** (1991). The family and children's peer relations. *Journal of Social and Personal Relationships*, 8, 315-346.
- Dodge, K. A., Price, J. M., Coie, J.D., & **Christopoulos, C.** (1990). On the development of dyadic aggressive relationships in boys' peer groups. *Human Development*, 33, 260-270.
- Coie, J.D., **Christopoulos, C.**, Terry, R., Dodge, K.A., & Lochman, J.E. (1989). Types of aggressive relationships, peer rejection, and development consequences. In B.H. Schneider, G. Attili, J. Nadel, & R. Weissberg (Eds.), *Social competence in developmental perspective*. Norwell, MA: Kluwer Press.
- Christopoulos, C.**, Bonvillian, J. D., & Crittenden, P. M. (1988). Maternal language input and child maltreatment. *Infant Mental Health Journal*, 9(4), 272-286.
- Christopoulos, C.**, Cohn, D. A., Shaw, D. S., Joyce, S., Sullivan-Hanson, J., Kraft, S. P., & Emery, R. E., (1987). Children of Abused Women: I. Adjustment at Time of Shelter Residence. *Journal of Marriage and the Family*, 49, 611-619.
- Christopoulou, C.** & Bonvillian, J. D. (1985). Sign language, pantomime, and gestural processing in aphasic persons: A review. *Journal of Communication Disorders*, 18, 1-20.

### PRESENTATIONS AND WORKSHOPS

- Murray, D., Rosanbalm, K., & **Christopoulos, C.** (2014, April). *Self-regulation development and interventions*. Administration for Children and Families: OPRE.
- Murray, D. W., Rosanbalm, K., & **Christopoulos, C.** (2014, December). *Self-regulation and toxic stress: Foundations, research, and implications for ACF programs*. Administration for Children and Families: OPRE.
- Christopoulos, C.**, Rosanbalm, K., Kaufman, M., & Meletzke, A. (2013, May). Seeing the whole child: Integrating physical and behavioral health. Workshop presented at the 2013 National Smart Start Conference, Greensboro, NC.
- Rosanbalm, K., **Christopoulos, C.**, Kaufman, M., & Meletzke, A., & Quinn, J. (March, 2013). *Seeing the whole child: Integration of physical and behavioral health care into a single medical home*. Poster presented at the Prevent Child Abuse North Carolina Statewide Summit 2013, Raleigh, North Carolina.
- Ander, G., **Christopoulos, C.**, & Rosanbalm, K., (2012, May). *Alamance Alliance for Children and Families: An early childhood System of Care*. Workshop presented at the 2012 National Smart Start Conference, Greensboro, NC.
- Alonso-Marsden, S. M., O'Donnell, K., Murphy, R., **Christopoulos, C.**, Sato, J. M. & Dodge, K. (2011, March). *Family factors predicting participation in a universal postnatal nurse home visiting*

- program*. Paper presented at 2011 Biennial meeting of the Society for Research in Child Development, Montreal, Canada.
- O'Donnell, K., Goodman, W. B., **Christopoulos, C.**, Sato, J. M., Potter, D., & Dodge, K. (2011, March). *Evaluating Nurse Implementation of a High-Inference Screening Tool for Child Maltreatment Risk in a Community Intervention*. Paper presented at 2011 Biennial meeting of the Society for Research in Child Development, Montreal, Canada.
- Rosanbalm, K., O'Donnell, K., Shaw, L., Williams, J., Murphy, R., **Christopoulos, C.**, & Dodge, K. (2011, March). *Psychosocial predictors of engagement in a home visiting program for at-risk mothers*. Paper presented at 2011 Biennial meeting of the Society for Research in Child Development, Montreal, Canada.
- Murphy, R., Shaw, L., O'Donnell, K., Williams, J., Rosanbalm, K., **Christopoulos, C.**, & Dodge, K. (2011, March). *Factors affecting retention in community maltreatment prevention research*. Paper presented at 2011 Biennial meeting of the Society for Research in Child Development, Montreal, Canada.
- Dodge, K. A., Murphy, R., O'Donnell, K., & **Christopoulos, C.** (2007, October). *Community-Level Prevention of Child Maltreatment: The Durham Family Initiative*. Presented at the Community Prevention of Child Maltreatment Conference, Durham, NC.
- Spitz-Roth, A., **Christopoulos, C.**, & Lawrence, N. (2007, March). *MRS Evaluation*. Presented at the Executive Committee Meeting of the North Carolina Association of County Directors of Social Services, Raleigh, NC.
- Dodge, K. A., **Christopoulos, C.**, Murphy, R., O'Donnell, K., Spitz-Roth, A., & Winn, Donna-Marie. (2007, January). *The Challenge of Community-Level Change in Preventing Child Maltreatment*. Presented at the 21<sup>st</sup> Annual San Diego International Conference on Child and Family Maltreatment, San Diego, CA.
- Williams, S., Rosanbalm, M. K., **Christopoulos, C.**, & Dodge, K. (2006, November). *A comparison of methods for estimating changes in child maltreatment rates: Evaluation approaches for a child maltreatment prevention initiative*. Poster presented at the 134<sup>th</sup> annual meeting of the American Public Health Association, Boston, MA.
- Christopoulos, C.**, & Spitz-Roth, A. (2004, May). *Multiple Response system (MRS) Evaluation*. Presented at the annual meeting of the North Carolina Association of County Directors of Social Services, Ashville, NC.
- Coie, J. D., Lochman, J., & **Christopoulos, C.** (1993, February). *Consequences of a summer day camp prevention trial with aggressive, urban preadolescents*. Paper presented at the annual meeting of the Society for Research in Child and Adolescent Psychopathology, Santa Fe, NM.
- Coie, J. D., Terry, R., & **Christopoulos, C.** (1991, April). *Social networks as mediators of the relations between peer status, social behavior, and adolescent adjustment*. Paper presented at biennial meeting of the Society for Research in Child Development, Seattle, WA.
- Coie, J. D., Dodge, K. A., & **Christopoulos, C.** (1989, April). *Types of aggressive relationships in boys' play groups*. Paper presented at biennial meeting of the Society for Research in Child Development, Kansas City, MO.
- Christopoulos, C.**, & Dell, Susan B. *Dimensions of the mother-child relationship as predictors of social competence*. (1989, April). Poster presented at biennial meeting of the Society for Research in Child Development, Kansas City, MO.

## **PROGRAM EVALUATION REPORTS AND BRIEFS**

- Rosanbalm, K., & **Christopoulos, C.** (2016). *Partnering for Excellence: Initial Findings and Recommendations*. Report issued to Benchmarks.
- Goodman, W. B., **Christopoulos, C.**, & Quinn, J. (2016). *Evaluation of the Family Connects program in the North Carolina Early Learning Transformation Zone: Final report*. Durham, NC: Duke University. Prepared for the Center for Child & Family Health and the North Carolina Department of Health and Human Services.
- Goodman, W. B., **Christopoulos, C.**, & Quinn, J. (2015). *Evaluation of the Family Connects program in the North Carolina Early Learning Transformation Zone: 2015 year-end report*. Durham, NC: Duke University. Prepared for the Center for Child & Family Health and the North Carolina Department of Health and Human Services.
- Christopoulos, C.**, & Rosanbalm, K. D. (2014). *Alamance County Annual LAUNCH Evaluation Report*. Submitted to the Substance Abuse and Mental Health Administration.
- Christopoulos, C.**, Rosanbalm, K. D., & Fischer, S. (2013). *Alamance Alliance Final Report*. Submitted to the Substance Abuse and Mental Health Administration.
- Christopoulos, C.**, & Rosanbalm, K. D. (2013). *Alamance County Annual LAUNCH Evaluation Report*. Submitted to the Substance Abuse and Mental Health Administration.
- Christopoulos, C.**, Rosanbalm, K. D., & Fischer, S. (2012). *Alamance Alliance Annual Report*. Submitted to the Substance Abuse and Mental Health Administration
- Christopoulos, C.**, & Rosanbalm, K. D. (2012). *Alamance County Annual LAUNCH Evaluation Report*. Submitted to the Substance Abuse and Mental Health Administration.
- Christopoulos, C.**, Rosanbalm, K., & Fischer, S. (2011). *The Alamance Alliance Annual Report*. Report issued to Alamance County and SAMHSA.
- Christopoulos, C.**, Rosanbalm, K., & Rabiner, D. (2011). *Evaluation of the HillRAP Intervention in Durham County Schools: Final Report*. Report issued to The Hill Center and GlaxoSmithKline.
- Rosanbalm, K. D., & **Christopoulos, C.** (2011). *Incredible Years: Expected effects and recommendations for monitoring outcomes*. Brief prepared for The Duke Endowment.
- Christopoulos, C.**, Rosanbalm, K., & Rabiner, D. (2010). *Evaluation of the HillRAP Intervention in Davie County Middle Schools: Final Report*. Report issued to The Hill Center and the Mebane Charitable Foundation.
- Christopoulos, C.**, Rosanbalm, K., & Rabiner, D. (2010). *Evaluation of the HillRAP Intervention in Durham County Schools: Results from Year 1*. Report issued to The Hill Center and GlaxoSmithKline.
- Christopoulos, C.**, Rosanbalm, K., & Rabiner, D. (2009). *Evaluation of the HillRAP Intervention in Davie County Middle Schools: Results from Year 1*. Report issued to The Hill Center and the Mebane Charitable Foundation.
- Center for Child and Family Policy (2009). *Multiple Response System (MRS) Evaluation Report to the North Carolina Division of Social Services (NCDSS)*. Prepared at the request of the North Carolina General Assembly.
- Center for Child and Family Policy (2006). *Multiple Response System (MRS) Evaluation Report to the North Carolina Division of Social Services (NCDSS)*. Prepared at the request of the North Carolina General Assembly.

Center for Child and Family Policy (2004). *Multiple Response System (MRS) Evaluation Report to the North Carolina Division of Social Services (NCDSS)*. Prepared at the request of the North Carolina General Assembly.

**PROFESSIONAL SERVICE**

<b>Public School Forum member</b>	<b>2016</b>
<b>Incredible Years Implementation Workgroup</b>	<b>2013 to present</b>
<b>North Carolina Education Think Tank</b>	<b>2013</b>
<b>Member of the Measurement group for the Durham Partnership for Children</b>	<b>2008 to present</b>