

Curriculum Vitae:
Timothy J. Strauman

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Date of Birth: November 5, 1956

Education

- 1987 Doctor of Philosophy in Clinical and in Social/Personality Psychology. Department of Psychology, New York University.
- 1979 Master of Arts in Psychology and Human Development. Committee on Human Development, Department of Behavioral Sciences, University of Chicago.
- 1978 Bachelor of Arts with majors in Psychology and Communications. Duquesne University, Pittsburgh, PA. Magna Cum Laude; University Scholar.

Academic and Research Positions

- 2002-2009 Chair, Department of Psychology and Neuroscience, Duke University
- 2000-present Professor, Department of Psychology and Neuroscience and Department of Psychiatry and Behavioral Sciences, Duke University
- 1994-2000 Co-Director, Depression Treatment Program, Department of Psychiatry, University of Wisconsin-Madison, Madison, WI.
- 1992-2000 Director of Psychology Training. Department of Psychiatry, University of Wisconsin-Madison, Madison, WI.
- 1992-2000 Associate Professor. Departments of Psychiatry and Psychology, University of Wisconsin-Madison, Madison, WI.
- 1987-1992 Assistant Professor. Clinical Psychology Area Group, Department of Psychology, University of Wisconsin-Madison, Madison, WI.
- 1984-1987 Research Assistant. Anxiety Disorders Clinic, New York State Psychiatric Institute. Basic and applied research on the etiology and treatment of social phobia, panic disorder, and generalized anxiety disorder.
- 1983-1986 Statistical Consultant. Clinical and Developmental Area Groups,

Department of Psychology, New York University. Statistical and computer consultation for two NIMH-funded research projects.

- 1982-1984 Teaching Assistant. Department of Psychology, New York University. Lectures, tutoring and discussion sections for undergraduate courses in social psychology, personality and introductory statistics.
- 1982-1984 Clinical Research Consultant. Lederle Laboratories, Pearl River, NY. Computer and research consulting for drug development projects, including antineoplastics, biological response modifiers, and antidepressants.
- 1983 Senior Systems Analyst. ORI Inc., Bethesda, MD. Systems development support for the Consumer Price Index database within the Bureau of Labor Statistics.
- 1981-1983 Adjunct Faculty. Department of Social Sciences, Rockland Community College, Suffern, NY. Taught courses in abnormal, social, and personality psychology.
- 1980-1982 Senior Clinical Data Coordinator. Lederle Laboratories, Pearl River, NY. Design, coordination, implementation and analysis of clinical trials data for drug development projects.
- 1978-1979 Research Assistant. Stress and Illness Project, Department of Behavioral Sciences, University of Chicago. Research interviews and data analysis for studies of personality and health issues.

Clinical Positions

- 2000-present Professor, Department of Psychiatry and Behavioral Science, Duke University
- 1990-1992 Clinical Assistant Professor. Center for Affective Disorders, Department of Psychiatry, University of Wisconsin.
- 1988-1992 Private practice. Mental Health Resources, Madison, WI.
- 1986-1987 Clinical Psychology Internship. Albert Einstein Medical College/Montefiore Medical Center, Bronx, NY.
- 1983-1986 Psychotherapy Practicum. Psychology Clinic, New York University.
- 1985-1986 Diagnostic Assessment and Psychological Consultation Practicum. Consultation-Liaison Service, Department of Psychiatry, Bellevue Hospital, New York, NY.
- 1980-1982 Crisis Intervention Service. Rockland County Community Mental Health Center, Pomona, NY.

Grants and Awards

- 2010-2013 Principal investigator, NIDA R01 #DA031579, "Self-Regulation Failure: Identifying and Modifying a Risk Phenotype". Total direct costs: \$1,000,000 (approximate).
- 2009-2011 Principal investigator (subcontract), NIMH R01 #MH039429, "Approach/Avoidance Orientations and Operations". Total direct costs: \$150,000.
- 2009-2010 Co-principal investigator, Humboldt Foundation, "Using ERP to Study Mechanisms of Change in Psychotherapy". Total direct costs: €55,000.
- 2008-2010 Principal investigator, NIDA R21 # DA022569, "Project AIM: Preventing Illicit Substance Use Among Middle School Children". Total direct costs: \$250,000.
- 2009 Elected Fellow of the American Psychological Society.
- 2009 Elected Fellow of the Society for Experimental Social Psychology.
- 2007 Klaus Grawe Award for the Advancement of Innovative Research in Clinical Psychology and Psychotherapy. German Society of Psychology and Klaus Grawe Institute.
- 2006-2011 Principal investigator, NIMH T32 #MH070326, "Training in Psychological Intervention Research". Total direct costs: \$647,265.
- 2003-2007 Principal investigator, NIMH R24 # MH067447, "Self/Brain/Behavior Systems in Depression". Total direct costs: \$762,959.
- 2003-2007 Principal investigator (Research Program 1, NIDA Trans-Disciplinary Prevention Research Center (Dodge/Costanzo, PIs). Total direct costs: \$1,185,942 (entire center).
- 2003-2007 Co-investigator, NINDS R01 # NS046422-01 (F.J. Keefe, PI), "Self-System Therapy for Chronic Low Back Pain and Depression". Total direct costs: \$784,229.
- 2001-2005 Principal investigator, Foundation for Cognitive Therapy grant, "An fMRI Investigation of Cognitive Therapy for Depression". Total direct costs: \$36,000.
- 2001-2004 Principal investigator, National Science Foundation SGER grant, "Self/Brain/Behavior Systems: Cognition and Neurophysiology". Total direct costs: \$67,722.
- 2000-2003 Co-principal investigator, NIA R03 Award, "Efficacy of a Group Exercise Intervention for Older Women With Breast Cancer". Total direct costs: \$99,792.
- 1999-2003 Principal investigator, NIMH R01 #MH 059106, "Self-Regulation and Susceptibility to Colds and Flu". Total direct costs: \$740,516.
- 1997-2000 Principal investigator, NIMH R21#MH 052281, "Self-System Therapy for Depression". Total direct costs: \$293,369.
- 1997-1998 Co-PI, National Cancer Institute R03 Award, "A Group Exercise Intervention for Post-Menopausal Women With Primary Breast Cancer". Total direct costs: \$49,997.

- 1996-1998 Principal investigator, American Suicide Foundation research grant, "Self-Discrepancy and Suicidal Ideation". Total direct costs: \$48,451.
- 1991-1996 Principal investigator, NIMH FIRST Award. Project title: "Self-Beliefs in Depression and Generalized Anxiety Disorder". Total direct costs: \$349,752.
- 1990-1991 University of Wisconsin Graduate School Research Committee. Project title: "The Dual Nature of Self-Knowledge".
- 1989-1990 University of Wisconsin Graduate School Research Committee Award. Project title: "A Cognitive-Affective Model of Vulnerability To Emotional Disorders".
- 1989-1990 NIMH Biomedical Research Support Grant. Project title: "Body Image Distortion and Dissatisfaction in Subclinical and Clinical Eating Disorders".
- 1988 Society for Experimental Social Psychology Dissertation Award.
- 1988-1989 University of Wisconsin Graduate School Research Committee Award. Project title: "Self-Evaluative Cognitive Structures as Mechanisms of Vulnerability to Anxiety and Depressive Disorders".
- 1987-1988 NIMH Biomedical Research Support Grant. Title: "A Longitudinal Investigation of Self-Evaluative Cognitive Processes in Selected Anxiety Disorders".
- 1984-1987 NIMH Predoctoral Individual National Research Service Award (NRSA) # MH009249. Project title: "Self-Concept, Cognitive Conflict, and Anxiety".

Edited Volumes/Special Issues

Strauman, T.J., Editor (1994). Social cognition and psychodynamic theory: The representation and processing of emotionally significant information. Special issue, *Journal of Personality*.

Strauman, T.J., Costanzo, P.R., & Garber, J. (2011). *Depression in adolescent girls: Science and prevention*. New York: Guilford Press.

Journal Articles/Book Chapters

Higgins, E.T., Strauman, T.J., & Klein, R. (1984). Self-concept discrepancy theory: Domain of self and standpoint on self as dimensions of the self. *Bulletin of the British Psychological Society*, 37, 112.

Higgins, E.T., Klein, R., & Strauman, T.J. (1985). Self-concept discrepancy theory: A psychological model for distinguishing among aspects of depression and anxiety. *Social Cognition*, 3(1), 51-76.

Higgins, E.T., Strauman, T.J., & Klein, R. (1986). Standards and the process of self-evaluation: Multiple affects from multiple stages. In R. Sorrentino and E.T. Higgins (Eds.), *Handbook of motivation and cognition: Foundations of social behavior*. Erlbaum.

Higgins, E.T., Bond, R., Klein, R., & Strauman, T.J. (1986). Self-discrepancies and emotional vulnerability: How magnitude, type and accessibility of discrepancy influence affect. *Journal of Personality and Social Psychology*, 51, 5-15.

- Strauman, T.J., & Higgins, E.T. (1987). Automatic activation of self-discrepancies and emotional syndromes: When cognitive structures influence affect. *Journal of Personality and Social Psychology*, *53*, 1004-1014.
- Higgins, E.T., Strauman, T.J., & Klein, R. (1987). Self-discrepancies: Distinguishing among self-states, self-state conflicts, and emotional vulnerabilities. In K. Yardley and T. Honess (Eds.), *Self and identity: Psychosocial perspectives*. New York: John Wiley and Sons.
- Kahn, R., Wetzler, S., VanPraag, H., Asnis, G., & Strauman, T.J. (1988). Behavioral indications for serotonin receptor hypersensitivity in panic disorder. *Psychiatry Research*, *25*, 101-104.
- Liebowitz, M.R., & Strauman, T.J. (1988). Social phobia. In J.G. Howells (Ed.), *Modern perspectives in psychosocial pathology* (pp.203-220). New York: Brunner-Mazel.
- Strauman, T.J., & Higgins, E.T. (1988). Self-discrepancies as predictors of vulnerability to different syndromes of chronic emotional distress. *Journal of Personality*, *56*, 685-707.
- Wetzler, S., Kahn, R., Strauman, T.J., & Dubro, A. (1989). The diagnosis of major depression by self-report. *Journal of Personality Assessment*, *53*, 22-30.
- Strauman, T.J. (1989). The paradox of the self: A psychodynamic/social-cognitive integration. In R.C. Curtis (Ed.), *Self-defeating behaviors: Experimental findings, clinical impressions, and practical implications* (pp. 311-339). New York: Plenum Press.
- Strauman, T.J. (1989). Self-discrepancies in clinical depression and social phobia: Cognitive structures that underlie affective disorders? *Journal of Abnormal Psychology*, *98*, 14-22.
- Ciobanu, N., Runowicz, C., Wiernik, P.H., Strauman, T.J., Sheridan, C., & Bast, R.C. Jr. (1989). CA 125 levels in patients with ovarian carcinoma undergoing autologous bone marrow transplantation. *American Journal of Obstetrics & Gynecology*, *160*(2), 354-355.
- Strauman, T.J. (1990). Self-guides and emotionally significant childhood memories: A study of retrieval efficiency and negative emotional content. *Journal of Personality and Social Psychology*, *59*, 869-880.
- Strauman, T.J. (1991). Psychopathology and the construction of meaning: Comments on a proposed law of cognitive structure activation. *Psychological Inquiry*, *2*, 208-210.
- Jackson, B.S., Strauman, J.J., Frederickson, K., & Strauman, T.J. (1991). Long-term biopsychosocial effects of interleukin-2 therapy. *Oncology Nursing Forum*, *18*(4), 683-90.
- Strauman, T.J., Vookles, J., Barenstein, V., Chaiken, S., & Higgins, E.T. (1991). Self-discrepancies and vulnerability to body dissatisfaction and disordered eating. *Journal of Personality and Social Psychology*, *61*(6), 1443-1456.
- Stromquist, V.J., & Strauman, T.J. (1991). Children's social constructs: Nature, assessment, and association with adaptive vs. maladaptive behavior. *Social Cognition*, *9*, 330-358.
- Frederickson, K., Jackson, B.S., Strauman, T.J., & Strauman, J. (1991). Testing hypotheses derived from the Roy Adaptation Model. *Nursing Science Quarterly*, *4*, 168-174.

- Strauman, T.J. (1992). Self-guides, autobiographical memory, and anxiety and dysphoria: Toward a cognitive model of vulnerability to emotional distress. *Journal of Abnormal Psychology, 101*, 87-95.
- Strauman, T.J. (1992). Self, social cognition, and psychodynamics: Caveats and challenges for integration. *Psychological Inquiry, 3*, 67-71.
- Strauman, T.J., & Wetzler, S. (1992). The factor structure of SCL-90 & MCMI scale scores: Within-measure and interbattery analyses. *Multivariate Behavioral Research, 27*, 1-20.
- Strauman, T.J. (1992). Nothing ado about much: Overlooked opportunities for cognitive approaches to depression? *Psychological Inquiry, 3*, 266-269.
- Strauman, T.J., & Higgins, E.T. (1993). The self in social cognition: Past, present, and future. In Z. Siegel & S. Blatt (Eds.), *The self in emotional distress* (pp. 3-40). Guilford Press.
- Cudeck, R., Chaplin, W., Harlow, L., LaDu, T.J., Panter, A.T., & Strauman, T.J. (1993). Tanaka, Jeffrey S. – 1958-1992. *Multivariate Behavioral Research, 28*, 161-170.
- Newman, J.P., Wallace, J.F., Strauman, T.J., Skolaski, R., Oreland, K., Mattek, R., Elder, G., & McNeely, J. (1993). Effects of motivationally significant stimuli on the regulation of dominant responses. *Journal of Personality and Social Psychology, 65*, 165-175.
- Levin, A.P., Saoud, J.B., Strauman, T.J., Gorman, J.M., Fyer, A.J., Crawford, R., & Liebowitz, M.R. (1993). Responses of "generalized" and "discrete" social phobics during public speaking. *Journal of Anxiety Disorders, 5*, 224-236.
- Strauman, T.J., Lemieux, A., & Coe, C. (1993). Self-discrepancies and natural killer cell activity: The influence of individual differences in self-regulation on stress physiology. *Journal of Personality and Social Psychology, 64*, 1042-1052.
- Strauman, T.J., & Glenberg, A.M. (1994). Self-concept and body image disturbance: Which self-beliefs predict body size overestimation? *Cognitive Therapy and Research, 18*, 105-125.
- Strauman, T.J. (1994). Introduction to the special issue. In T.J. Strauman (Ed.), "Social Cognition and Psychodynamic Theory: The Representation and Processing of Emotionally Significant Information." *Journal of Personality, 62*, 431-439.
- Strauman, T.J. (1994). Self-representations and the nature of cognitive change in psychotherapy. Special issue, *Journal of Psychotherapy Integration, 4*, 291-316.
- Strauman, T.J. (1995). Self pathology from a self-regulation perspective. *Journal of Psychotherapy Integration, 5*, 313-321.
- Strauman, T.J. (1996). Self-beliefs, self-evaluation, and depression: A perspective on emotional vulnerability. In L. Martin & A. Tesser (Eds.), *Striving and feeling: Interactions among goals, affect, and self-regulation* (pp. 175-201). Hillsdale, NJ: Erlbaum.
- Strauman, T.J. (1996). Stability within the self: A longitudinal study of the structural implications of self-discrepancy theory. *Journal of Personality and Social Psychology, 71*, 1142-1153.

- Strauman, T.J., & Kolden, G.G. (1997). The self in depression: Research trends and clinical implications. *In Session*, 3, 5-21.
- Manian, N., Strauman, T.J., & Denney, N. (1998). Temperament, recalled parenting styles, and self-regulation: Retrospective tests of the developmental postulates of self-discrepancy theory. *Journal of Personality and Social Psychology*, 75, 1321-1332.
- Strauman, T.J. (1998). Using imagination and personalized suggestion to change people: A commentary. *Behavior Therapy*, 29(4), 707-714.
- Pierce, K.M., Strauman, T.J., & Vandell, D.L. (1999). Self-discrepancy, negative life events, and social support in relation to dejection in mothers of infants. *Journal of Social and Clinical Psychology*, 18(4), 490-501.
- Strauman, T.J. (1999). Is depression a dysfunction in self-regulating the brain/behavior system for approach? *Behavioral and Brain Sciences*, 22, 571-572.
- Kolden, G.G., Strauman, T.J., Gittleman, M., Halverson, J.L., Heerey, E., & Schneider, K. (2000). The Therapeutic Realizations Scale-Revised (TRS-R): Psychometric characteristics and relationship to treatment process and outcome. *Journal of Clinical Psychology*, 56, 1207-1220.
- Strauman, T.J., & Segal, Z.V. (2000). The cognitive self in basic science, psychopathology, and psychotherapy. In J.C. Muran (Ed.), *Self-relations in the psychotherapy process* (pp. 241-268). Washington, DC: American Psychological Association Press.
- Strauman, T.J. (2001). Paradigms, promises, and the potential of clinical psychology. *Journal of Clinical Psychology*, 57, 1125-1132.
- Strauman, T.J. (2001). Self-regulation, affect regulation, and narcissism: Pieces of the puzzle. *Psychological Inquiry*, 12, 239-242.
- Strauman, T.J., Kolden, G., Davis, N., Stromquist, V., Kwapil, L., & Heerey, E. (2001). The effects of treatments for depression on failure in self-regulation. *Cognitive Therapy & Research*, 25, 693-712.
- Strauman, T.J. (2002). Self-regulation and depression. *Self and Identity*, 1, 151-157.
- Kolden, G., Strauman, T., Ward, A., Kuta, J., Woods, T., Schneider, K., Heerey, E., Sanborn, L., Burt, C., Millbrandt, L., Kalin, N., & Mullen, B. (2002). A pilot study of Group Exercise Training (GET) for women with breast cancer: Feasibility and health benefits. *PsychoOncology*, 11, 447-456.
- Vieth, A., Strauman, T.J., Kolden, G., Woods, T., & Klein, M.H. (2003). Self-System Therapy: A theory-based psychotherapy for depression. *Clinical Psychology: Science and Practice*, 10, 245-268.
- Waters, S.J., Keefe, F.J., & Strauman, T.J. (2004). Self-discrepancy in chronic low back pain: Relation to pain, depression, and psychological distress. *Journal of Pain and Symptom Management*, 27, 251-259.
- Merrill, K.A., & Strauman, T.J. (2004). The role of personality in cognitive-behavioral therapies. *Behavior Therapy*, 35, 131-146.

- Lett, H.S., Blumenthal, J.A., Babyak, M.A., Sherwood, A., Strauman, T.J., Robins, C., & Newman, M.F. (2004). Depression as a risk factor for coronary artery disease: Evidence, mechanisms, and treatment. *Psychosomatic Medicine*, *66*, 305-315.
- Strauman, T.J., Coe, C.L., Woods, T., Schneider, K., & Kwapil, L. (2004). Self-regulatory cognition and immune reactivity: Idiographic success and failure feedback effects on the natural killer cell. *Brain, Behavior, and Immunity*, *18*, 544-554.
- Strauman, T.J., & Merrill, K.A. (2004). The basic science/clinical science interface and treatment development. *Clinical Psychology: Science and Practice*, *11*, 263-266.
- Kolden, G.G., Klein, M.H., Strauman, T.J., Chisholm-Stockard, S., Heerey, E., & Schneider, K.L. (2005). Early psychotherapy process: Interactions between Cluster B and C personality pathology and acute distress. *Psychotherapy Research*, *15*, 165-177.
- Lett, H.S., Blumenthal, J.A., Babyak, M.A., Strauman, T.J., Robins, C., & Sherwood, A. (2005). Social support and coronary heart disease: Epidemiologic evidence and implications for treatment. *Psychosomatic Medicine*, *67*, 869-878.
- Strauman, T.J., Vieth, A.Z., Merrill, K.A., Woods, T.E., Kolden, G.G., Woods, T.E., Klein, M.H., Papadakis, A.A., Schneider, K.L., & Kwapil, L. (2006). Self-system therapy as an intervention for self-regulatory dysfunction in depression: A randomized comparison with cognitive therapy. *Journal of Consulting and Clinical Psychology*, *74*, 367-376.
- Kolden, G.G., Chisholm-Stockard, S.M., Strauman, T.J., Tierney, S.C., Mullen, E.A., & Schneider, K.L. (2006). Universal session-level change processes in an early session of psychotherapy. *Journal of Consulting and Clinical Psychology*, *74*, 327-336.
- Papadakis, A.A., Prince, R.P., Jones, N.P., & Strauman, T.J. (2006). Self-regulation, rumination, and vulnerability to depression in adolescent girls. *Development and Psychopathology*, *18*, 815-829.
- Manian, N., Papadakis, A.A., Strauman, T.J., and Essex, M.J. (2006). The development of children's ideal and ought self-guides: The influence of parenting on individual differences in guide strength. *Journal of Personality*, *74*, 1619-1645.
- Eddington, K.M., Dolcos, F., Cabeza, R., Krishnan, K.R.R., & Strauman, T.J. (2007). Neural correlates of promotion and prevention goal activation: An fMRI study using an idiographic approach. *Journal of Cognitive Neuroscience*, *19*, 1152-1162.
- Strauman, T.J., Costanzo, P., Jones, N., McLean, A., & Eddington, K. (2007). Contributions of social psychology to clinical psychology: Three views of a research frontier. In E.T. Higgins & A. Kruglanski (Eds.), *Social psychology: Handbook of basic principles (2nd Ed.)*, pp. 850-868. NY: Guilford Press.
- Strauman, T.J., Eddington, K.M., & McCrudden, M.C. (2008). Affective science and psychotherapy: In search of synergy. In J. Rottenberg & S.L. Johnson (Eds.), *Emotion and psychopathology: Bridging affective and clinical science*, pp. 285-303. Washington: American Psychological Association Press.
- Strauman, T.J., Coe, C.L., McCrudden, M.C., Vieth, A.Z., & Kwapil, L. (2008). Individual differences in self-regulatory failure and menstrual dysfunction predict self-reported upper respiratory infection symptoms and antibody response to flu immunization. *Brain, Behavior, and Immunity*, *22*, 769-780.

Trivedi, R., Sherwood, A., Strauman, T.J., & Blumenthal, J.A. (2008). Laboratory-based blood pressure recovery is a predictor of ambulatory blood pressure. *Biological Psychology*, *77*, 317-323.

Wonderlich, S.A., Engel, S.G., Peterson, C.B., Robinson, M., Crosby, R.D., Mitchell, J.E., Smith, T., Klein, M., Lysne, C., Crow, S., Strauman, T.J., & Simonich, H. (2008). Examining the conceptual model of integrative cognitive-affective therapy for BN: Two assessment studies. *International Journal of Eating Disorders*, *41*, 748-754.

Eddington, K.M., Dolcos, F., McLean, A.N., Cabeza, R., Krishnan, K.R.R., & Strauman, T.J. (2009). Neural correlates of idiographic goal priming in depression: Goal-specific dysfunctions in the orbitofrontal cortex. *Social Cognitive and Affective Neuroscience*, *4*, 238-246.

Cornette, M.M., Strauman, T.J., Abramson, L.Y., & Busch, A.M. (2009). Self-discrepancy and suicidal ideation. *Cognition and Emotion*, *23*, 504-527.

Jones, N.P., Papadakis, A.A., Hogan, C.M., & Strauman, T.J. (2009). Over and over again: Rumination, reflection, and promotion goal failure and their interactive effects on depressive symptoms. *Behaviour Research and Therapy*, *47*, 254-259.

Carrig, M.M., Kolden, G.G., & Strauman, T.J. (2009). Using functional magnetic resonance imaging in psychotherapy research: A brief introduction to concepts, methods, and task selection. *Psychotherapy Research*, *19*, 409-417.

Strauman, T.J., & Wilson, W.A. (2010). Individual differences in approach and avoidance: Behavioral activation/inhibition and regulatory focus as distinct systems. In R. Hoyle (Ed.), *Handbook of Self-Regulation and Personality* (pp. 447-473). New York: Guilford Press.

Smith, P.J., Blumenthal, J.A., Hoffman, B.M., Browndyke, J.N., Welsh-Bohmer, K.A., Strauman, T.J., & Sherwood, A. (2010). Effects of the dietary approaches to stop hypertension diet, exercise, and caloric restriction on neurocognition in overweight adults with high blood pressure. *Hypertension*, *55*, 1296-98.

Smith, P.J., Blumenthal, J.A., Hoffman, B.M., Cooper, H., Strauman, T.J., Welsh-Bohmer, K., Browndyke, J.N., & Sherwood, A. (2010). Aerobic exercise and neurocognitive performance: A meta-analytic review of randomized controlled trials. *Psychosomatic Medicine*, *72*, 239-252.

Strauman, T.J., McCrudden, M.C., & Jones, N.P. (2010). Self-regulation and psychopathology: Toward an integrative perspective. In J. Maddux & J.P. Tangney (Eds.), *Social psychological foundations of clinical psychology* (pp. 84-113). New York: Cambridge University Press.

Richey, M., Eddington, K.M., Dolcos, F., Cabeza, R., & Strauman, T.J. (2011). Neural correlates of emotional processing in depression: Changes with cognitive behavioral therapy and predictors of treatment response. *Journal of Psychiatric Research*, *45*, 577-587.

Klenk, M.M., Strauman, T.J., & Higgins, E.T. (2011). Regulatory focus and anxiety: A self-regulatory model of GAD-depression comorbidity. *Personality and Individual Differences*, *50*, 935-943.

Strauman, T.J., Costanzo, P.R., & Garber, J. (2011). Depression in adolescent girls: Challenges for basic science and prevention. In T.J. Strauman, J. Garber, & P. Costanzo (Eds.), *Depression in adolescent girls: Science and prevention*. Guilford Press.

Papadakis, A.A., & Strauman, T.J. (2011). Self-regulation, rumination, and vulnerability to depression: A gender-based model and implications for prevention. In T.J. Strauman, J. Garber, & P. Costanzo (Eds.), *Depression in adolescent girls: Science and prevention*. Guilford Press.

Burk, L.R., Armstrong, J.M., Goldsmith, H.H., Klein, M.H., Strauman, T.J., Costanzo, P., & Essex, M.J. (2011). Sex, temperament, and family context: How the interaction of early factors differentially predict adolescent alcohol use and are mediated by proximal adolescent factors. *Psychology of Addictive Behaviors*, 25, 1-15.

Brown, L.H., Strauman, T.J., Barrantes-Vidal, N., & Kwapil, T.R. (2011). An experience sampling study of depressive symptoms and their social context. *Journal of Nervous and Mental Disease*, 199, 403-409.

Strauman, T.J., & Goetz, E.L. (in press). Self-regulation failure and health: Pathways to mental and physical illness. In M.R. Leary & J.P. Tangney (Eds.), *Handbook of self and identity (2nd edition)*. New York: Guilford press.

Strauman, T.J., Klenk, M.M., & Eddington, K.M. (in press). Self-regulation as a mediator of change in psychotherapy. In D. Hermans, B. Rimé, & B. Mesquita (Eds.), *Changing Emotions*. London: Psychology Press.

Manuscripts Under Review

Zaunmueller, L., Lutz, W., & Strauman, T.J. Affective impact and electrocortical correlates of a cognitive microintervention: An ERP study. Under review, *Journal of Behavior Therapy*.

Franzese, A., Costanzo, P., & Strauman, T.J.. Individual differences in regulatory focus and adolescent initiation of substance use. Under review, *Prevention Science*.

Jones, N.P., Papadakis, A.A., & Strauman, T.J. Cognitive processes in response to goal failure: A study of maladaptive rumination and its affective consequences. Under review, *Personality and Individual Differences*.

Franzese, A.T., Blalock, D.V., & Strauman, T.J. Attachment style and regulatory focus theory: Do securely attached people share the same worldview? Under review, *Social Cognition*.

Naylor, J.C., Strauss, J.L., Kilts, J.D., Payne, V.M., Strauman, T.J., Massing, M.W., Hertzberg, M.A., Bradford, D.W., Dolber, T., Connor, K.M., Davidson, J.R.T., & Marx, C.E. A pilot randomized controlled trial in subthreshold PTSD with paroxetine in veterans who served after September 11th, 2001. Under review, *Journal of Clinical Psychopharmacology*.

Waters, S.J., Keefe, F.J., & Strauman, T.J. The visual selves scale: A new method for assessing self-discrepancy in medical populations. Under review, *Journal of Pain and Symptom Management*.

Invited Addresses and Conference Presentations

Strauman, T.J. *Depression and the future of psychotherapy*. Invited talk, Institute for Psychology and Psychotherapy, University of Zurich, Switzerland, March 2010.

Strauman, T.J. *Functional magnetic resonance imaging in psychotherapy research: An introduction*. Invited presentation, 3rd International Workshop for Young Researchers, Society for Psychotherapy Research, Trier, Germany, March 2010.

- Strauman, T.J. *Endophenotypes in psychotherapy research*. Invited talk, Department of Psychiatry, University of Trier, Germany, March 2010.
- Strauman, T.J. *A self-regulation perspective on the etiology and treatment of depression*. Invited talk, Department of Psychiatry, University of British Columbia, Vancouver, BC, January 2010.
- Strauman, T.J. *A self-regulation perspective on depression*. Invited talk, Department of Psychology, University of Arizona, Tucson, AZ, November 2009.
- Strauman, T.J. *A self-regulation perspective on depression*. Invited talk, Mind and Life Summer Research Institute: Scientific and Contemplative Perspectives on the Self. Garrison, NY, June 2009.
- Strauman, T.J. *Depression as a disorder of self-regulation*. Invited talk, Department of Psychology and Institute for Social Research, University of Michigan, Ann Arbor, MI, April 2009.
- Strauman, T.J., Eddington, K.M., McCrudden, M.C., & Jones, N.P. *Depression as a disorder of self-regulation: A theory-based translational perspective*. Symposium talk given at the annual conference of the Society for Personality and Social Psychology, Tampa, FL, February 2009.
- Strauman, T.J. (Chair). *Mechanisms of action in treatments for depression: Functional MRI studies of IPT, CT, and pharmacotherapy*. Symposium presented at the annual conference of the Association for Behavioral and Cognitive Therapy, Orlando, FL, November 2008.
- Strauman, T.J. (Chair). *Mechanisms of action in interpersonal and cognitive therapies: Behavioral and neurophysiological evidence*. Symposium presented at the annual conference of the Society for Psychotherapy Research, Barcelona, Spain, June 2008.
- Strauman, T.J. *Psychotherapy for depression: A self-regulation perspective*. Invited talk, 26th Annual Symposium der Fachgruppe Klinische Psychologie und Psychotherapie der Deutschen Gesellschaft für Psychologie, University of Potsdam, Germany, May 2008.
- Strauman, T.J. *Depression as a disorder of self-regulation*. Invited talk, Department of Psychology, University of Trier, Germany, April 2008.
- Strauman, T.J. *Depression as a disorder of self-regulation*. Invited talk, Department of Psychology, University of Bern, Switzerland, April 2008.
- Strauman, T.J. *Cold, flu, and you: Self-regulation and susceptibility to upper respiratory infection*. Invited talk, Social Science Research Institute, Duke University, March 2008.
- Strauman, T.J. (Chair). *Using functional magnetic resonance imaging in psychotherapy research: Conceptual, methodological, and statistical issues*. Symposium presented at the annual conference of the Society for Psychotherapy Research, Madison, WI, June 2007.
- Strauman, T.J. *Depression as a disorder of self-regulation*. Invited talk, Department of Psychiatry, University of Wisconsin, Madison, WI, February 2007.
- Strauman, T.J., Eddington, K.M., & Carrig, M.M. *Individual differences in cognitive style and cognitive change processes in psychotherapy*. Symposium talk presented at the annual conference of the Society for Psychotherapy Research, University of Edinburgh, Scotland, June 2006.

Strauman, T.J., & Franzese, A.T. *Parental influences on adolescent substance use: The role of regulatory focus*. Symposium talk given at the annual conference of the Society for Prevention Research, Washington, D.C., May 2006.

Strauman, T.J., Eddington, K.M., & McCrudden, M.C. *Targeting self-regulation in psychotherapy for depression*. Invited talk, annual meeting of the Southern Society for Social Psychology, Knoxville, TN, January 2006.

Strauman, T.J. *Ideal versus ought guides: Implications for stability and vulnerability*. Invited symposium talk given at the annual conference of the Society for Experimental Social Psychology, San Diego, CA, October 2005.

Strauman, T.J., et al. *A randomized comparison of cognitive therapy and self-system therapy for depression: Testing a translational approach to treatment matching*. Symposium talk presented at the annual conference of the Society for Psychotherapy Research, Montreal, CA, June 2005.

Strauman, T.J. *Depression and self-regulation: Toward an integrative model of mood disorders*. Invited talk given at the Center for Cognitive Neuroscience, Duke University, March 2005.

Strauman, T.J. *Conceptualizing and treating depression from a self-regulation perspective*. Invited colloquium talk, Department of Psychology, University of Virginia, October 2004.

Strauman, T.J. *Depression as a disorder of self-regulation: a translational perspective*. Invited colloquium talk, Department of Psychology, Temple University, April 2004.

Strauman, T.J., & Merrill, K.A. *Self-regulation, neurobiology, and development of new treatments for depression*. Invited symposium talk, Cognitive & Affective Neuroscience and Behavioral Treatment Development: New Directions for Translational Research, National Institute of Drug Abuse, September 2004.

Strauman, T.J., Vieth, A.Z., Merrill, K.A., Dolcos, F., & Cabeza, R. *Self/brain/behavior systems in depression*. Symposium talk presented at the annual meeting of the Society for Research in Psychopathology, Toronto, CA, October 2003.

Strauman, T.J. *Using functional magnetic resonance imaging in psychotherapy research: A cautionary but confident tale*. Invited talk presented at the annual meeting of the Society for Psychotherapy Research, Weimar, Germany, June 2003.

Strauman, T.J. *Resistance in psychotherapy: Studying change (and lack thereof) in clinical settings*. Symposium talk given at the annual meeting of the Society for Experimental Social Psychology, Boston, MA, October 2003.

Strauman, T.J., & Merrill, K.A. *Self/brain/behavior systems: A pilot fMRI study*. Symposium talk presented at the annual meeting of the Society for Personality and Social Psychology, Washington, DC, February 2002.

Strauman, T.J., & Merrill, K.A. *Self-regulation and depression*. Paper presented at the Annual Conference of the American Association for Behavior Therapy, Philadelphia, PA, November 2001.

Strauman, T.J. *Self-regulation and depression: Research at the interface of clinical and social-personality psychology*. Invited colloquium, Department of Psychology, University of Illinois-Chicago, April 2001.

Strauman, T.J. *Self-regulation and depression: A theory of etiology and a new model for treatment*. Paper presented at the Annual Conference of the Society for Experimental Social Psychology, Atlanta, GA, October 2000.

Strauman, T.J. *Self-regulation, cognitive neuroscience, and depression*. Paper presented at the Annual Meeting of the American Psychological Association, Washington, DC, August 2000.

Strauman, T.J. *Depression as a disorder of self-regulation*. Invited paper presented at the NIMH Workshop on Self-Concept, Self-Regulation, and Psychological Vulnerability, July 2000.

Strauman, T.J., Kolden, G.G., & Veith, A.Z. *Self-regulation and depression: Can basic science inform intervention (and vice versa)?* Invited presentation at the Annual Conference of the American Psychological Society, Miami, FL, June 2000.

Strauman, T.J., Vieth, A.Z., & Schneider, K.L. *Self-System Therapy: A new research-based therapy for depression*. Symposium presented at the Annual Meeting of the Society for Psychotherapy Research, Chicago, IL, June 2000.

Strauman, T.J. *Treatment resistant depression: A self-regulation perspective*. Presented at the Annual Conference of the International Society for Psychotherapy Research, Portugal, June 1999.

Strauman, T.J. *Universal and treatment-specific change processes in early stages of cognitive, interpersonal, and psychodynamic therapy*. Presented at the Annual Conference of the International Society for Psychotherapy Research, Braga, Portugal, June 1999.

Strauman, T.J. *The origins of self-regulation: Temperament, socialization, and their vicissitudes*. Paper presented at the Society for Experimental Social Psychology, Lexington, KY, October 1998.

Strauman, T.J., & Kolden, G.G. *The relation between universal session-level change processes and cognitive change in psychotherapy for depression*. Paper presented at the annual meeting of the International Society for Psychotherapy Research, Geilo, Norway, June 1997.

Strauman, T.J., & Kolden, G.G. *Self-discrepancy and psychotherapy for depression*. Invited paper/symposium at the International Congress of Psychology, Montreal, August 1996.

Strauman, T.J., & Kolden, G.G. *Preliminary evidence for differential effects of psychotherapy vs. medication on cognitive structures associated with vulnerability to depression*. Presented at the Society for Psychotherapy Research, Amelia Island, Florida, June 1996.

Strauman, T.J., & Kolden, G.G. *Development of a brief structured psychotherapy for depression based on self-discrepancy theory*. Presented at the International Meeting of the Society for Psychotherapy Research, Vancouver, BC, June 1995.

Strauman, T.J. *Self-evaluation, childhood memories, and the psychotherapy of depression*. Paper presented at the Annual International Meeting of the Society for Psychotherapy Research, York, England, June 1994.

Strauman, T.J. *Self-beliefs, childhood memories, and psychotherapy for depression*. Invited talk given at the Department of Psychology, University of Arizona, Tucson, AZ, March 1994.

Strauman, T.J. *A self-evaluation perspective on depression*. Presented at the Conference on Goals and Affect, University of Georgia, Athens, GA, January 1994.

Strauman, T.J. *Effects of cognitive-behavioral therapy on self-beliefs and emotional vulnerability*. Presented at the Annual Meeting of the American Psychological Association, Toronto, CA, August 1993.

Strauman, T.J. *Alexithymia as a class variable: Theoretical and methodological considerations*. Paper Presented at the Annual Meeting of the American Psychological Association, Toronto, CA, August 1993.

Strauman, T.J. *Self-guides, childhood memories, and anxiety vulnerability*. Paper presented at the Annual Meeting of the Anxiety Disorders Association, Charleston, SC, February 1993.

Strauman, T.J., Stromquist, V., & Davis, N. *Effects of group cognitive therapy on responses to covert priming of self-guides*. Paper presented at the World Congress of Cognitive Therapy, Toronto, CA, June 1992.

Strauman, T.J. *Self over time: A longitudinal perspective on self-evaluation and emotional vulnerability*. Paper presented at the Annual Convention of the American Psychological Society, San Diego, CA, June 1992.

Strauman, T.J. (Chair) *Continuity of the self: Developmental, social-cognitive, and psychodynamic perspectives*. Symposium presented at the 99th Annual Convention of the American Psychological Association, San Francisco, CA, August 1991.

Strauman, T.J. *Self-guides, ego development, and the emotional self*. Paper presented at the Annual Convention of the American Psychological Association, San Francisco, CA, August 1991.

Strauman, T.J. *Self and ego: Content and process in self-evaluation and emotional vulnerability*. Paper presented at the 4th Invitational Nags Head Conference on Personality, Highland Beach, FL, June 1991.

Strauman, T.J. *Self and affect: Structural and dynamic influences on self-evaluation*. Invited paper presented for the Midwestern Psychological Association, Chicago, IL, May 1991.

Strauman, T.J. *Emotional self-knowledge in depression and anxiety: A model for cognitive assessment and treatment*. Paper presented at the 97th Annual Convention of the American Psychological Association, New Orleans, Louisiana, August 1989.

Strauman, T.J. *Variance components in the analysis of trait, state, and change*. Paper presented at the 97th Annual Convention of the American Psychological Association, New Orleans, Louisiana, August 1989.

Strauman, T.J. *Affect and motivation: Neglected aspects of self-representation*. Paper presented at the 96th Annual Convention of the American Psychological Association, Atlanta, Georgia, August 1988.

Strauman, T.J., Balk, B., & Pagliaro, L. *Effect of activating self-discrepancies on emotional content of verbalizations*. Paper presented at the 96th Annual Convention of the American Psychological Association, Atlanta, Georgia, August 1988.

Professional Activities

Academy of Psychological Clinical Science:

Past President, 2011
President, 2007-2010
Treasurer, 2004-2007
Chair, Membership Committee (2003-2007)

Associate Editor, *Journal of Personality* (1994-97)

Editorial Boards/Consulting Editorships:

Journal of Abnormal Psychology (1998-present)
Journal of Personality and Social Psychology (2002-present)
Personality and Social Psychology Bulletin (2002-2008)
Psychological Review (2003-present)
Self and Identity (2002-present)
Journal of Personality (1991-98)

Ph.D. Thesis Committees: 45 (Chair, 12)

Departmental/University Service (at Duke and Wisconsin):

Chair, Academic Programs Committee (2003-2006)
University Priorities Committee (2003-2006)
Departmental African-American scholar search committee (2000-2004)
Ad-hoc committee on cognitive psychology at Duke (2000-2002)
Ad-hoc committee on the Social Science Research Institute (2001-2003)
University of Wisconsin Medical Foundation Council of Faculty (1997-2000)
University of Wisconsin Medical Foundation Investment Committee (1996-97)
Psychiatry Department Executive Committee/Negotiating Committee (1995-97)
University of Wisconsin Health Care Committee (1994-96)
University of Wisconsin School of Social Work Director Hiring Committee (1992)
Director, Residency Curriculum Committee (Psychiatry, 1992-96)
Residency Recruitment Committee (Psychiatry, 1994-45)
Awards Committee (Psychology, 1988-92)
College of Letters and Science Student Advising Service (1988-1992)
Clinical Consultant: University Counseling Center (1992-present)
Advisor, Psi Chi (Psychology, 1987-1991)

Listed, *National Register of Health Service Providers in Psychology*

Licensed clinical psychologist, State of North Carolina

Reviewer:

American Journal of Psychiatry
Archives of General Psychiatry
Child Development
Development and Psychopathology
Developmental Psychology
Journal of Abnormal Psychology

Journal of Personality
Journal of Personality and Social Psychology: Attitudes and Social Cognition
Journal of Personality and Social Psychology: Personality Processes/Individual Differences
Journal of Psychotherapy Integration
Journal of Research in Personality
Journal of Social and Clinical Psychology
Multivariate Behavioral Research
Nature
Personality and Social Psychology Bulletin
Psychological Bulletin
Psychological Inquiry
Psychological Review
Science
Social Cognition
Social Sciences and Humanities Research Council of Canada

Grant Review Panels/Study Sections:

2007-2009 NIMH ITV (Interventions for Mood and Anxiety Disorders) ad-hoc reviewer
2007-2008 NIDA IRG, P30 Grant review committee
2006-2007 NIGMS IRG, Behavioral Science Training Grants
1999-2003 NIH IRG, Risk Prevention and Health Behavior
1995-1997 NIMH IRG, Emotion and Personality

National Science Foundation: Reviewer for Social Psychology Program,
Developmental Psychology Program, Personality/Individual Differences Program

Memberships: American Psychological Association, Division 8 (Social/Personality) and 12 (Clinical)
American Psychological Society
American Association for Applied and Preventive Psychology
Society for a Science of Clinical Psychology (APA Div. 12, Section 3)
Society of Experimental Social Psychology
American Association for Behavior Therapy
Society for Psychotherapy Research
Society for Research in Psychopathology

Van Ameringen Fellow, Beck Institute for Cognitive Therapy and Research

Founding Fellow, Academy of Cognitive Therapy